



BE CALM

ASHWAGANDHA BROWNIE

KEEP CALM & RELAXED ALL DAY



NO Trans Fat



HIGH Dietary Fibre



Cholesterol FREE



SOURCE Of Protein



NO Artificial Colour



scan me



MS 1500
1097-01/2004



Buatan Malaysia
Made in Malaysia



Manufactured by / Dikilangkan oleh,
DELIGATEAUX (M) SDN BHD
(567768-U)

18-G, Jalan Bulan BY US/BY, Bandar Pinggiran Subang,
40150 Shah Alam, Selangor Darul Ehsan, Malaysia

+603-7845 0499

www.dejavuu.my

www.deligateaux.com

hello@dejavuu.my



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CORE INGREDIENTS

Ashwagandha KSM-66
Withania Somnifera



- KSM-66 Ashwagandha™ is highly concentrated, most bioavailable full spectrum extract on the market today.
- Gold standard human clinical trials
- Produced through a unique proprietary extraction process based on the “Green Chemistry” principles.
- No chemical solvent used.
- Contain withanolides, alkaloids, and other biologically active compounds with numerous health advantages.
- It is an adaptogens that helps the body to manage stress, anxiety and overall wellbeing.

Isolated Soy Protein



- A high quality plant-based protein containing all 9 essential amino acids
- Contains 90% protein with a protein digestibility-corrected amino acid score (PDCAAS) of 1.00, which is close to some of the proteins from animal sources
- Contain minerals such as Calcium, Iron, Zinc and Magnesium.

Erythritol
Zero Calorie Sweetener



- A zero calorie sweetener with 30% less sweetness compared to refined sugar.
- Exerts no effects on glucose or insulin levels. It has a higher digestive tolerance compared to all other polyols because about 90% of the ingested erythritol is readily absorbed and excreted unchanged in urine.
- Induces gut hormone (Leptin) secretions that modulate satiety to promote weight loss.
- Has anti caries effect. Scientific evidence demonstrates that consumption of erythritol has beneficial effects on oral health. It prevents adherence of oral bacteria thus reducing formation of dental plaque.

Organic Coconut Sugar



- A natural plant-based sugar made from the sap of the coconut tree's flower bud. Has a hint of butterscotch/ caramel taste.
- Contains trace minerals such as zinc, iron and magnesium. It also provides quite a high amount of potassium, which benefits nerve health, muscle strength, and blood pressure. It also contain high level of vitamins and antioxidants. It has low GI rating meaning it does not spike blood sugar level.

Wholemeal Flour



- Made by milling the whole wheat kernel, retaining its natural flavours and nutrients, most of which are found in the germ and the bran layers.
- Rich in B-group vitamins, and minerals
- Contains a good source of fiber which is a complex carbohydrate. Fibers aid in lowering LDL (Lower-Density Lipoprotein) cholesterol level. LDL cholesterol can build up in the blood vessels to form plaque, leading to cardiovascular disease. Fiber also contains cellulose which aid in bowel movement.



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1 Reduces
Stress &
Anxiety

7 Improves
Sleep Quality
& Relaxation

2 Improves
Focus &
Memory

6 Controls
Blood
Sugar Levels



3 Enhances
Cardiorespiratory
Endurance

5 Boosts Muscle
Strength, Mass
& Recovery

4 Reduces
Cortisol
Level for
Fat Loss



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The first ever brownie supplemented with a clinically proven Ashwagandha KSM-66™ extract.

Nutritious snack with Isolated Soy Protein, Zero Calorie Sweetener, Organic Coconut Sugar, Zero Trans Fat, & High Dietary Fibre.

Only 91
Calories!

Shelf Life of
up to 12
months

It's
VEGAN!

FREE DELIVERY
across Malaysia!

An
Export-Ready
Business
Opportunity

“Indulge Healthier at your convenience. BE CALM”